Meaning in Life

(1) ‘‘In the past month, how much energy have you spent trying to figureout why (the event) happened to you?’’

(2) ‘‘In the past month, how much have you found yourself searching to make some sense of or find meaning in your experience?’’

(3) ‘‘How much good has come out of [the event]?’’

(4) ‘‘How much harm or bad has come out of [the event]?’’.

Participants responded to each question on a scale

from 1 (none) to 5 (a lot).